

**MEDIA SCHEDULE
106th GREY CUP PRESENTED BY SHAW**



All times are local time and are subject to change.

Practice Locations

Teams have the option to practice indoors or outdoors on Friday. If they choose to practice indoors, it will take place at **Foote Field at University of Alberta** and if they choose to practice outside, it will be at **The Brick Field at Commonwealth Stadium**.

THURSDAY, NOVEMBER 22

PLEASE NOTE	<ul style="list-style-type: none"> • Team practices are closed to media on this day. • Quarterbacks of both teams will be excused from tomorrow's media availability.
7:45 a.m.	Media Shuttle Bus Chateau Lacombe Hotel to Shaw Conference Centre
8:30 a.m.	Media Shuttle Bus Chateau Lacombe Hotel to Shaw Conference Centre
9:00 a.m. – 10:30 a.m.	Media Day - East Division Champions Shaw Conference Centre – Hall D Media are invited attend a buffet breakfast from 7:45 a.m. to 9:00 a.m. Following breakfast, players and coaches from the East Division

	<p>Champions will be available for interviews. The Grey Cup Trophy will be present.</p> <p>Media who would like a booth in the room can contact Lucas Barrett (lbarrett@cfl.ca). Booths are limited and must be reserved in advance.</p> <p>Media can stay in the room where a work will be available throughout the day.</p>
11:00 a.m.	<p>Media Shuttle Bus Shaw Conference Centre to Chateau Lacombe Hotel</p>
12:30 p.m.	<p>Media Lunch Shaw Conference Centre – Hall D</p> <p>Between East Media Day and West Media Day sessions, lunch will be served to the media and a work space will be provided.</p>
14:30 p.m.	<p>Media Shuttle Bus Chateau Lacombe Hotel to Shaw Conference Centre</p>
3:00 p.m. – 4:30 p.m.	<p>Media Day - West Division Champions Shaw Conference Centre – Hall D</p> <p>Media will have access to players and coaches from the West Division Champions. Players and coaches will be available for interviews and the Grey Cup Trophy will be present.</p> <p>Media who would like a booth in the room can contact Lucas Barrett (lbarrett@cfl.ca). Booths are limited and must be reserved in advance.</p> <p>Note that Shaw Conference Centre staff will be converting the room following the completion of media day.</p>
4:45 p.m.	<p>Media Shuttle Bus Shaw Conference Centre to Chateau Lacombe Hotel</p>
5:45 p.m.	<p>Media Shuttle Bus Chateau Lacombe Hotel to Winspear Centre</p>
6:00 p.m.	<p>Media lockdown room open for Shaw CFL Awards Winspear Centre - Studio</p> <p>Doors to the media lockdown room will be opened at 6:00 p.m. At that time, media will be provided with the results under an embargo. Media will be prohibited from publicizing any information until after each award presentation has been announced.</p> <p>After each award, the winning player will be made available to the media in a room, located down the hall from the lockdown room.</p>

	Dinner will be served at 6:15 p.m.
6:00 p.m. – 7:00 p.m.	Shaw CFL Awards Red Carpet Winspear Centre
6:30 p.m.	Media Shuttle Bus Chateau Lacombe Hotel to Winspear Centre
7:30 p.m. – 9:30 p.m. (approx.)	Shaw CFL Awards Winspear Centre TSN's James Duthie and Natasha Staniszewski will host the 2018 Shaw CFL Awards. The night will recognize the league's top performers both on and off the field. These awards include Most Outstanding Rookie, Most Outstanding Defensive Player, Nissan TITAN Most Outstanding Offensive Lineman, Most Outstanding Special Teams Player, Most Outstanding Player, Most Outstanding Canadian, Commissioner's Award, Jake Gaudaur Veterans' Affairs Award, Tom Pate Memorial Award, Hugh Campbell Distinguished Leadership Award, and Coach of the Year Award.
10:00 p.m.	Media Shuttle Bus Winspear Centre to Chateau Lacombe Hotel
FRIDAY, NOVEMBER 23	
PLEASE NOTE	<ul style="list-style-type: none"> • Quarterbacks of both teams are excused from media availability today. • Today's media availability sessions will be held back-to-back. Therefore, West Division Media Availability will occur before practice. • Media representatives must leave the afternoon practice location no later than 5:00 p.m.
8:00 a.m.	Media Shuttle Bus Chateau Lacombe Hotel to Westin Hotel
8:30 a.m. – 9:15 a.m.	CFL Commissioner's State of the League Media Address Westin Hotel - Ballroom CFL Commissioner Randy Ambrosie discusses the State of the League with national and international media. A question & answer period will follow opening remarks. Continental breakfast served beginning at 7:30 a.m.
9:45 a.m.	Media Shuttle Bus Westin Hotel to Foote Field/The Brick Field at Commonwealth Stadium

	*This bus will return to Chateau Lacombe after the stop for practice.
10:15 a.m. – 12:15 p.m.	<p>East Division Champions Practice Foote Field/The Brick Field at Commonwealth Stadium</p> <p>Open practice to media. Filming of practice from the sidelines is restricted. Team to notify media what portions of practice can be filmed. TV cameras are prohibited from filming any team drills without permission from the team.</p> <p>Still cameras (including phones) are prohibited from capturing group shots that show formations.</p> <p>All cameras must shoot from the sideline(s) designated by the CFL (no end zones).</p> <p>Lunch will be served at 1:00 p.m.</p>
10:30 a.m. – 4:40 p.m.	<p>CFL-NFL Flag Championships Commonwealth Stadium - Fieldhouse</p> <p>The ten flag football teams representing each CFL market will play in the championship tournament. The winner will play in the NFL FLAG Tournament in Orlando, Florida during Pro Bowl weekend.</p> <p>Round Robin: 10:30 a.m. – 3:30 p.m. Semi-Finals: 3:30 p.m. – 4:00 p.m. Championship: 4:00 p.m. – 4:30 p.m.</p>
10:30 a.m. – 11:30 a.m.	<p>Fan State of the League with Commissioner Ambrosie Westin Hotel – Ballroom</p> <p>CFL Commissioner Randy Ambrosie will provide an update to hundreds of fans in a town hall-style event. Commissioner Ambrosie will also answer questions from fans and the Grey Cup trophy will be in attendance.</p>
11:45 a.m.	<p>Media Shuttle Bus Chateau Lacombe Hotel to Foote Field/The Brick Field at Commonwealth Stadium</p>
12:15 p.m. – 12:45 p.m.	<p>East Division Champions Player Media Availability On the field – Foote Field/The Brick Field at Commonwealth Stadium</p>
12:40 p.m.	<p>Media Shuttle Bus Chateau Lacombe Hotel to Foote Field/The Brick Field at Commonwealth Stadium</p>
12:45 p.m. – 1 p.m.	<p>East Division Champions Head Coach Media Availability</p>

	Media conference room - Foote Field/The Brick Field at Commonwealth Stadium
1:05 p.m. (if required)	Media Shuttle Bus Foote Field/The Brick Field at Commonwealth Stadium to Foote Field/The Brick Field at Commonwealth Stadium
1:15 p.m.	Violence Against Women press conference Winter Lake Room – Sutton Place Hotel An announcement from the CFL, the Ending Violence Association of Canada, Status of Women Canada, and United Steelworkers.
1:45 p.m.	Media Shuttle Bus Foote Field/The Brick Field at Commonwealth Stadium to Chateau Lacombe Hotel
1:45 p.m. – 2:15 p.m.	West Division Champions Player Media Availability On the field – Foote Field/The Brick Field at Commonwealth Stadium
2:15 p.m. – 2:30 p.m.	West Division Champions Head Coach Media Availability Media conference room – Foote Field/The Brick Field at Commonwealth Stadium
2:30 p.m. – 4:30 p.m.	West Division Champions Practice Foote Field/The Brick Field at Commonwealth Stadium Open practice to media. Filming of practice from the sidelines is restricted. Team to notify media what portions of practice can be filmed. TV cameras are prohibited from filming any team drills without permission from the team. Still cameras (including phones) are prohibited from capturing group shots that show formations. All cameras must shoot from the sideline(s) designated by the CFL (no end zones).
2:45 p.m.	Media Shuttle Bus Foote Field/The Brick Field at Commonwealth Stadium to Chateau Lacombe Hotel
3:45 p.m.	Media Shuttle Bus Foote Field/The Brick Field at Commonwealth Stadium to Chateau Lacombe Hotel
4:45 p.m.	Media Shuttle Bus Foote Field/The Brick Field at Commonwealth Stadium to Chateau Lacombe Hotel

SATURDAY, NOVEMBER 24	
PLEASE NOTE	<ul style="list-style-type: none"> • Players and the Head Coach will be made available to the media after the walkthrough. • <u>Walkthrough practices may finish early without notice. Media are recommended to arrive for the start of the walkthrough.</u> • Media representatives must leave the stadium no later than 4:30 p.m.
9:45 a.m.	Media Shuttle Bus Chateau Lacombe Hotel to The Brick Field at Commonwealth Stadium
10:30 a.m.	Media Shuttle Bus Chateau Lacombe Hotel to The Brick Field at Commonwealth Stadium
10:30 a.m. – 11:30 a.m.	<p>West Division Champions Walkthrough The Brick Field at Commonwealth Stadium</p> <p>Open practice to media. Press box, media conference room and photographers' room are open and can be used to work until 4:30 p.m.</p> <p>Filming of practice from the sidelines is restricted. Team to notify media what portions of practice can be filmed. TV cameras are prohibited from filming any team drills without permission from the team.</p> <p>Still cameras (including phones) are prohibited from capturing group shots that show formations.</p> <p>All cameras must shoot from the sideline(s) designated by the CFL (no end zones).</p> <p>All cameras (including phones) are prohibited from shooting from the press box or any other elevated location without the permission of the CFL.</p> <p>Lunch will be served 12:30 p.m. in the press box.</p>
11:15 a.m.	Media Shuttle Bus Chateau Lacombe Hotel to The Brick Field at Commonwealth Stadium
11:30 a.m. – 12:00 p.m.	West Division Champions Player Media Availability On the field – The Brick Field at Commonwealth Stadium
12 p.m.	Media Shuttle Bus Chateau Lacombe Hotel to The Brick Field at Commonwealth Stadium
12 p.m. – 12:15 a.m.	West Division Champions Head Coach Media Availability Media conference room – B305 The Brick Field at Commonwealth Stadium

12:30 p.m.	Media Shuttle Bus The Brick Field at Commonwealth Stadium to Chateau Lacombe Hotel
12:30 p.m. – 1:30 p.m.	<p>East Division Champions Walkthrough The Brick Field at Commonwealth Stadium</p> <p>Open practice to media. Press box, media conference room and photographers' room are open and can be used to work until 4:30 p.m.</p> <p>Filming of practice from the sidelines is restricted. Team to notify media what portions of practice can be filmed. TV cameras are prohibited from filming any team drills without permission from the team.</p> <p>Still cameras (including phones) are prohibited from capturing group shots that show formations.</p> <p>All cameras must shoot from the sideline(s) designated by the CFL (no end zones).</p> <p>All cameras (including phones) are prohibited from shooting from the press box or any other elevated location without the permission of the CFL.</p> <p>Lunch will be served 12:30 p.m. in the press box.</p>
1:30 p.m.	Media Shuttle Bus The Brick Field at Commonwealth Stadium to Chateau Lacombe Hotel
1:30 p.m. – 2 p.m.	East Division Champions Player Media Availability On the field – The Brick Field at Commonwealth Stadium
2 p.m. – 2:15 p.m.	East Division Champions Head Coach Media Availability Media conference room – B305 The Brick Field at Commonwealth Stadium
2:30 p.m. 3:30 p.m. 4:30 p.m.	Media Shuttle Buses The Brick Field at Commonwealth Stadium to Chateau Lacombe Hotel
SUNDAY, NOVEMBER 25	
PLEASE NOTE	<ul style="list-style-type: none"> • Both Head Coaches will be having a pre-game media availability at the podium. • Non-rights holders will have time from 2:30 p.m. – 3:15 p.m. to do live hits on the field.
9:00 a.m.	Football Reporters of Canada Hall of Fame Induction Brunch Chateau Lacombe Hotel

	The FRC's Annual General Meeting will follow the brunch.
12:40 p.m. 1:30 p.m. 2:20 p.m. 3:10 p.m.	Media Shuttle Bus Chateau Lacombe Hotel to The Brick Field at Commonwealth Stadium
1:00 p.m.	Press Box Open to Media The Brick Field at Commonwealth Stadium Pre-game meal will be served at 3:00 p.m. in the press box. A snack will also be served at halftime.
2:00 p.m.	Gates Open to Public The Brick Field at Commonwealth Stadium
2:00 p.m.	East Division Head Coach Media Availability Conference Room – B305
2:15 p.m.	West Division Head Coach Media Availability Conference Room – B305
2:30 p.m. – 3:15 p.m.	Non-Rights Holders In-Bowl Stand-ups Non-rights holders must be escorted at field level by CFL Communications representatives. Group departure will happen from the media conference room shortly after the head coaches pre-game media availability.
4:00 p.m.	106th Grey Cup Championship Game presented by Shaw The Brick Field at Commonwealth Stadium
9:00 p.m. 9:50 p.m. 10:40 p.m. 11:30 p.m.	Media Shuttle Bus The Brick Field at Commonwealth Stadium to Chateau Lacombe Hotel